



*Calling all Angels!*

ADVENT 2

## WEEK 2 DEVOTION

**"Nothing is Impossible #morepeace"**

### Materials needed

- Computer or tablet with internet connection and good sound
- Pen or pencil
- Journal or print-out of this devotion
- Bible
- Candle and matches
- Feather to place near candle (optional)

**Candle Lighting** - *light the candle, place a feather next to it (optional), then read aloud the scripture and prayer*

*Luke 1: 26-56*

*Pray:*

God of peace, after the angel gave her such astounding news, Mary responded, "Let it be so." Help me be open to this radical and peaceful acceptance. Amen.

**Introduction** – *In this 5-minute clip, Dr. Brene Brown talks about choosing to be authentic, showing up and letting yourself be seen, and how perfectionism is about fear.*

*Adapted from Small Group Materials: Angels Among Us. Worship Design Studio*

**Video** - ["On Faking It, Perfectionism, and Living Wholeheartedly"](#)<sup>1</sup> (5 min)

**Personal Reflection** - 3 to 5 minutes of quiet

*Take a few minutes of quiet to reflect. You can journal your thoughts if you like. There is space on the next page. How does perfectionism keep us from being peaceful?*

### **Journal**

*Here are some questions to help you start journalling. You can also just write about whatever is coming up for you.*

1. What stood out for you in Dr. Brown's talk?
2. What different ways have you seen fear expressed, or expressed fear yourself that you may not have thought were fear before?
3. How does perfectionism keep us from peace?
4. How can one person living with more peace make a difference in the world?

Notes:

### **Closing Prayer**

Holy Living God, Blessed Jesus, Guiding Spirit,  
alight within us your flame of peace this day.  
Grant us openness to hear your message.  
Grant us courage to be your messengers in the world,  
creating more peace in the midst of fear. Amen

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<sup>1</sup> <https://www.youtube.com/watch?v=bM4RkPuPee0>